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PERFORMANCE.

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Your essential daily news | TUESDAY, JANUARY 24, 2017

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GETTY IMAGES DVONTON

Stefan Rzadzinski had four days and a dream. Edmonton got him in the show. What he did next was all him metroNEWS

'He just hit me in the face'

INVESTIGATION

Rebel reporter claims she was assaulted at Women's March

Edmonton police say they are investigating an alleged assault said to have occurred Saturday at a rally held at the Alberta legislature in support of the Women's March on Washington.

The complainant is a reporter for The Rebel TV, an online outlet devoted to right-wing commentary, activism and reporting.

In video released by The Rebel, reporter Sheila Gunn Reid is seen attempting to interview an attendant at the rally, which drew more than 2,000 people to support American protesters opposed to the presidency of Donald Trump. The man asks her several times to "go away," then threatens to break her camera when she doesn't.

The video then appears to show the man shoving his hand into the camera lens. He melted into the crowd afterward, with no one around apparently attempting to stop him.

"He just hit me in the face!" Reid says, attempting to follow the man.

A female bystander tries to calm the situation, telling Reid: "You deserve to be angry.... We need to (ensure) nothing more happens.

"I'm pushing (the man)

Reid continues to express her displeasure and addressed the woman, saying, "You feminist! That guy just hit me in the face!

"I'm the problem, you victim-blamer? He punched me in the face!"

The woman then encouraged Reid to contact security.

Edmonton police confirmed Monday that a complaint has been filed.

"We are investigating it," said police spokeswoman Noreen Remtulla.

THE CANADIAN PRESS

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13 DAYS ONLY! JANUARY 19TH - 31ST, 2017

Edmonton Community Choice Awards want your picks for 2017



Nominate your favourite local 'hidden gems'

It's back!

After thousands of 2016 nominations and even more votes for your Edmonton favourites, the Edmonton Community Choice Awards are ready to roll for 2017.

Everyone has that favourite go-to place, whether it's a hairstylist where the conversation is great, an auto-repair shop that gives you the straight goods and exceptional service or a simple, cozy place to grab a great coffee.

Once again, we're asking you to share those places with others! After all, they deserve some recognition.

"We created the Community Choice program to allow Edmontonians to speak to each other and find hidden gems. We weren't sure what to expect last year, but the response was incredible and I can't wait for this year's results," said Steve Shrout, VP of Sales for Metro English Canada.

You can participate through our very own Metro Edmonton Community Choice Awards online portal. It allows you to tell us about amazing Edmonton businesses and then let the community vote them to the top. There's nothing better than word of mouth to help give a boost to some of your favourite Edmonton businesses.

The Metro Community Choice Awards covered 197 categories in 2016, with 6,000 nominated businesses, so readers will not only see Edmonton companies in the spotlight, but great recommendations are at their fingertips if they're looking for something in particular to suit their needs. Last year, more than 5,100 votes were cast!

Metro will bring you the results of our reader-driven awards in special editions scheduled for later in 2017.



Nominate an Edmonton business you think deserves the limelight and then vote on the nominations at MetroCommunityChoice. com

Best place for a great date

"When I get a date night, that's where I'm going. It's good for parking, and the owner and staff give you that 'personal touch.' Plus, the seafood pasta is delicious."

Best relaxed place to hang out — Nara Hookah Lounge

"There's a casual vibe, and it's great place to smoke the hookah and chill. It's communal, so you can socialize, play cards or chess. A great spot on the north side."

Best Movie Theatre — Scotiabank Theatre at West Edmonton Mall

"It's easy to get to on the bus, the seats are comfy and there's other stuff to do in the mall before or after the movie."

Best Coffee Haunt – Three Bananas Café

"The coffee is fresh.
It costs a bit more,
but it's worth it. If
you're on the go, Tim
Hortons is good, but
when you can sit in
and relax, this is a
good spot."



Zee Kombejian



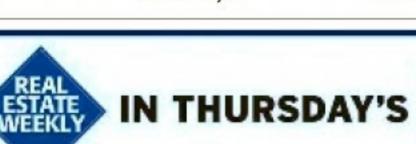
Robert Mati



Latishya Pecinka



Riley Sheen





Edmonton's best source of real estate information, Real Estate Weekly, has found a new home in Thursday's Metro.

Now, every Thursday, when you pick up Metro, you'll turn the page and open the door to a world of unmatched residential and commercial opportunities through the expert offerings of **Real Estate Weekly**.

We hope you enjoy this addition to our Thursday edition.

The **Real Estate Weekly** is owned by the REALTORS® Association of Edmonton and has been around since 1984. **Real Estate Weekly** includes new MLS® System Listings in each issue, making it the paper with the most real estate.



Organizers want to keep up momentum



Boyd Metro Edmonton

After women's marches around the world drew millions into the streets Saturday, a new question is being posed to the organizers of Edmonton's event.

What now?

"We definitely want to keep the momentum going," said Paula Kirman, one of the organizers of the local rally, which attracted more than 2,000 people to the Al-

berta Legislature over the weekend.

The marches were inspired by comments by President Donald Trump widely considered to be misogynistic - including his comment

he grabbed women "by the pussy."

But many in Alberta said there are issues here, including the treatment of female politicians.

Kirman said she's had many people ask how to turn the passion into concrete change.

While she said organizers are still regrouping, they have plans for more events.

To start, they've formed the Women's March Canada Edmonton Facebook page.

She said they hope to turn it into an online space to share information and calls to action.

They've also listed a few Edmonton women's groups that people can donate to, including Equal Voice Alberta North, a group that pushes for equal female political representation.

Kirman said another rally is being staged for International Women's Day on March 8.

The Washington organiz-

weekend, joining in with their Canadian women's marches held all counterparts are asking followers to write and demand the five federal

party leaders "make women's issues a priority in their agenda," according to their Facebook page.

"It would be great if this wasn't just a one time thing," Kirman said.

"I hope that we can get more people out to future actions, because there's so much that goes on in the city."



Over 2,000 people gathered at the Alberta Legislature over the

over the world.



Fairmont Hotel Macdonald's Garrett Turta doesn't think downtown development will negatively affect competitors. JEREMY SIMES / METRO

Hotelboom will put the first action is to write to politicians. Meanwhile, their Canadian Hotelboom will put the city on the map'

HOSPITALITY

Growth will draw events, says manager



Jeremy Simes Metro Edmonton

Garrett Turta wants bigger events to come to Edmonton.

But, Turta says, downtown doesn't have enough hotel space to make it happen. Yet.

"We're lacking in the downtown core for conventions," said Turta, general manager of the Fairmont Hotel Macdonald. "We have a lack of guest rooms to bring in large groups. If the city can't provide enough rooms, organizations take their conferences elsewhere."

That could all be changing. City officials cut a ribbon Monday to mark the opening of Hyatt Place Edmonton/Downtown, a new 200-plus room hotel in The Quarters.

But that's not the only new glitzy addition on its way — The JW Marriott opens in late 2018, which will add significant space to the downtown market as well.

So how will that increase in space affect boutique and chain hotels downtown whose age is

beginning to show?

Turta said he thinks having new downtown hotels will be good for the entire industry, regardless of age. "I think it's a very positive thing," he said. "Having stronger brands puts Edmonton on the map. We don't need another luxury hotel in the downtown, and I think this will give some strength and validation to where we want to go, and how this market needs to drive and move forward."

Mayor Don Iveson, who attended the ribbon cutting, said he's encouraged to hear hoteliers say more downtown hotels aren't threats to competition.

"To have both the Hyatt and

JW Marriott coming in a couple of years really does add a lot of capacity to the city's already strong inventory," he said. "If that allows us to go after bigger events and get more tourist activity to support the hospitality industry, then that's good. I think more supply does that, and I'm glad to hear that's how hoteliers are seeing additions to the inventory."

Still, the Hotel Macdonald is stepping up its game by renovating in 2018, according to Turta.

"I could actually see more hotels coming in the next little bit," he added. "With Rogers Place and Ice District, there will be a need as Edmonton continues to grow."



On January 25, let's talk.



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Howie Mandel

*Mobile calls, long distance calls and text messages must be made and sent by a subscriber. Regular charges apply.

Liberals want jail drug deaths probed

The Alberta Liberals want the government to call a public inquiry into all drug-related deaths of inmates in provincial iails since 2012.

Liberal Leader David Swann said there has been a spike in the number of drug-related police investigations at the Edmonton Remand Centre over the past year.

Swann said he suspects the same thing is happening at jails across the province due to the growing problem of dangerous

opioids such as fentanyl.

"We have a very significant increase in deaths and near deaths in both remand and correctional institutions and it appears to be related to opioids," Swann said in an interview Monday.

The common thread in these cases is that inmates have died as a direct result of drugs being smuggled into jails, he said.

In a letter to the government, Swann said a fatality inquiry should look at how to better

prevent drugs from getting into correctional facilities.

Swann, who is a physician and a former medical health officer, said the inquiry should also review the effectiveness of staff training and addiction treatment programs.

In his letter, Swann cites Edmonton Police Service statistics that show the number of investigations involving drugs at correctional facilities in the Capital Region jumped to 127 last year, compared to 65 in 2015.

The Edmonton Remand Centre is the largest in the province and can currently house up to 2,000 inmates awaiting trial or sentencing.

The Liberals have also asked Alberta's ombudsman to review drug-related near-deaths in the province's jails. Swann said the health of both inmates and corrections staff are at risk from fentanyl, a powerful drug that has been linked to hundreds of overdose deaths in Canada. THE CANADIAN PRESS



Edmonton's Stefan Rzadzinski, 24, was all smiles after winning two races at the Race of Champions Nations Cup in Miami on Sunday, CONTRIBUTED

Social media earns driver Miami spot

RACING

Edmonton's Rzadzinski wins online vote challenge



Four sleepless days on a cellphone put Edmonton race car driver Stefan Rzadzinski on track for the race of his dreams.

Rzadzinski took on the world's top drivers at the Race of Champions Nations Cup in Miami over the weekend after gathering nearly 10,000 online votes to get there.

What's more incredible is that he won two out of three heats, including superstar and 2016 Indianapolis 500 winner Alexander Rossi.

"The first couple days, it was pretty cool hanging out with all those guys. A lot of them are my heroes," Rzadzinski told Metro on Monday.

"But then on Sunday it was

my one chance to do my thing, and just prove I could do what I knew I could and what I've been preparing for my whole

Just a few weeks ago, the 24-year-old never thought he'd ever do something like this.

He said he was sitting in his office at work when he got word that he was one of 10 North American finalists, and that the one who could drum up the most online votes would go to Miami.

"I didn't sleep. I contacted everybody I knew. I personally messaged every single person in my phone," Rzadzinski said.

"Once we had enough initial people who were sharing it and trying to get on board, it kind of took on a life of its own."

Soon, Edmonton Mayor Don Iveson, Calgary Mayor Naheed Nenshi and Alberta Premier Rachel Notley were on board.

In the end, he got more than 9,300 votes.

"I could write a book about those four-and-a-half days alone," he said.

"I definitely learned a lot and I'm just so thankful for them that they got me here."



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WE'RE BACK!



METRO EDMONTON COMMUNITY CHOICE AWARDS

Thank you Edmonton

for making last year's Community Choice a success. It's time again to start nominating your favourite businesses. We will announce the Top 10 Nominees per category on May 16th. Then we will ask you to vote for the Winners.

POLLS ARE NOW OPEN

Start nominating at:

MetroCommunityChoice.com





Tower debate delayed

WHYTE AVENUE

City to provide more details on height requirements



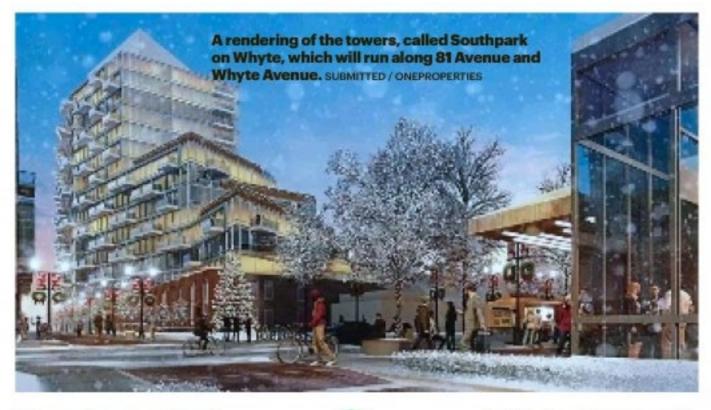
Jeremy Simes Metro Edmonton

Five Edmontonians were ready to argue against the development of two proposed 20-storey towers just off Whyte Avenue on Monday.

Their concerns were heard, but they didn't even say a

Prior to hearing arguments from community league members and residents, city council voted 10-2 Monday (Coun. Moe Banga was absent) to postpone debate to March 20 on the fate of Southpark, which is a mixed-use development that would see two 20-storey towers along 81 Avenue and two fourstorey units on Whyte itself.

The decision came after residents, and Coun. Ben Henderson, raised concerns earlier



this month over not applying Plan Whyte - an extensive study that looks at how tall towers can be built on the popular street - to the Southpark development.

"Approving (Southpark) without Plan Whyte kind of makes a mockery of that (planning) process," Henderson said, in early January.

On March 20, city officials

There is a desire in the community to have this decision postponed.

Mayor Don Iveson

will return to council with public-feedback results on two

height plans they are considering for Plan Whyte.

Scenario One will detail the effects of allowing buildings that are up to six storeys in the Old Strathcona area; scenariotwo will look at the effects of allowing up to 14 storeys.

Mayor Don Iveson told reporters Monday that council will be able to make a more informed decision with the Plan

Whyte height information.

"There is a desire in the community to have this decision postponed until we know more about Plan Whyte," he

"Eight weeks is a tight time-line, but it will allow us to react to administration's current thinking on what are appropriate heights along Whyte Avenue."

Kim Clegg, who was going to argue against the development, said he's happy with council's decision, but wonders if Southpark will have to reduce in height if Plan Whyte creates a maximum height of 14 storeys.

"If they let them build the 20 storeys, and Plan Whyte only allowed 14 storeys, then I think that would be a mild betrayal to the communities," said Clegg, planning and development chair for the Queen Alexandria Community League.

Simon O'Byrne, who was representing the developer (One Properties), told council the organization supports the motion, adding he believes Southpark will comply with Plan Whyte.

Some ask why Mezzo got go-ahead

The Mezzo, a contentious 16-storey tower that council approved in April, will sit next to the two 20-storey towers, which are also known as Southpark.

Council voted Monday to postpone debate on Southpark because residents and councillors wanted to weigh in on possible height restrictions for the area, which will be outlined in the city's Plan Whyte project.

But when council debated the Mezzo, local residents also wanted that same step back.

"The Mezzo was something we were really, really opposed to," Kim Clegg, planning and development chair for the Queen Alexandria Community League,.

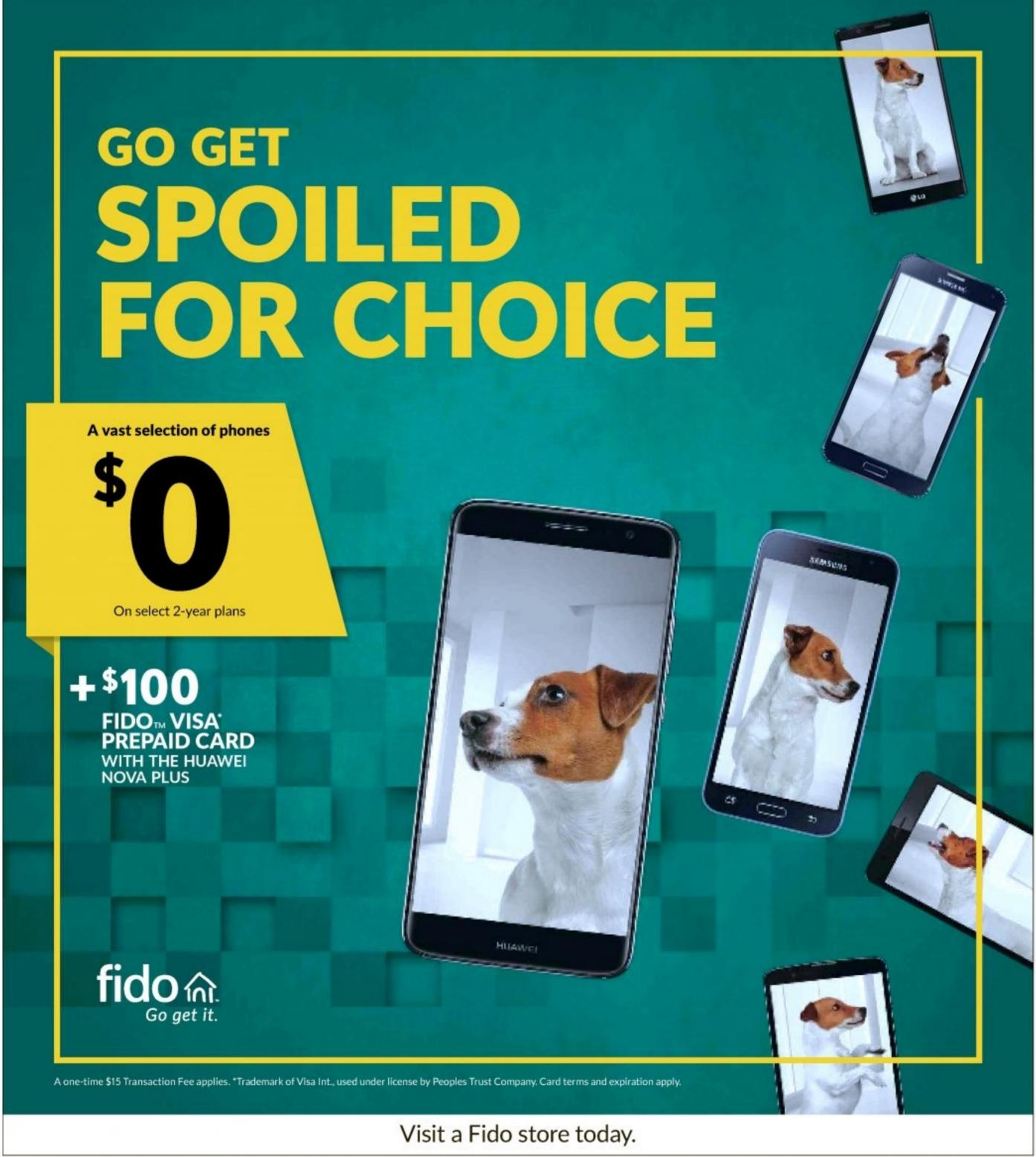
When reporters asked Mayor Don Iveson why council didn't wait for Plan Whyte before approving the Mezzo, he said the plan was in early development.

"To delay an application that far and, when it was in such an early draft-stage, there was really nothing to measure," he said.

"Now, Plan Whyte is almost a year further along. I'm presuming there's good stuff in there." JEREMY SIMES/METRO EDMONTON







Uber and Airbnb bring privacy issues

TECHNOLOGY

Watchdog looks into complaints around sharing economy

The federal privacy watchdog is looking into complaints against so-called "sharing economy" companies for the first time, Torstar has learned.

In documents obtained under access to information law, privacy commissioner Daniel Therrien's office suggested sharingeconomy companies such as Uber and Airbnb are creating a "growing risk" to Canadians' private information.

The key question, according to the documents, is who ultimately controls extremely sensitive personal information such as location data and financial information.

"In the sharing economy, certain personal information going well beyond that traditionally needed for reserving lodging and hailing taxis — is collected to establish identity and trust," the documents read.

"It is of great concern what



Reports in 2014 revealed that Uber had the ability to track users' movements in real time. TORSTAR NEWS SERVICE

might happen with (personal information) in the sharing economy in the event of a breach, especially given lack of clarity regarding accountability."

In other words, unlike hailing a cab or booking a hotel room, some sharing-economy apps compile massive amounts of data on their users. A ridesharing app can know where you usually travel — your work, your house, a favourite restaurant and when you usually go there.

Therrien's office confirmed earlier this month they have now received a number of complaints about sharing economy companies potentially violating Canadians' privacy.

"I can tell you that we are still in the early stages of looking at this issue," Tobi Cohen, a spokesperson for Therrien, wrote in an email.

"I can, however, confirm that we have received several complaints tied to the sharing economy."

Cohen said the office would not go into any detail about the complaints, due to confidentialPAST CASES

Uber has run into its fair share of privacy concerns south of the border.

report from the Centre for Investigative Reporting suggested employees at the "ride-booking" company could track the movement of ex-spouses, celebrities and politicians.

In 2014, reports revealed the company had a "God View" of their service, which could track users' movements in real time.

ity provisions.

TORSTAR NEWS SERVICE

Torstar reached out to Uber and Airbnb, two companies considered standard bearers for the sharing economy. Uber Canada spokeswoman Susie Heath said the company "(doesn't) have anything to add" to the issue. Repeated requests to Airbnb were not returned.

They asked me about BIM at the interview...

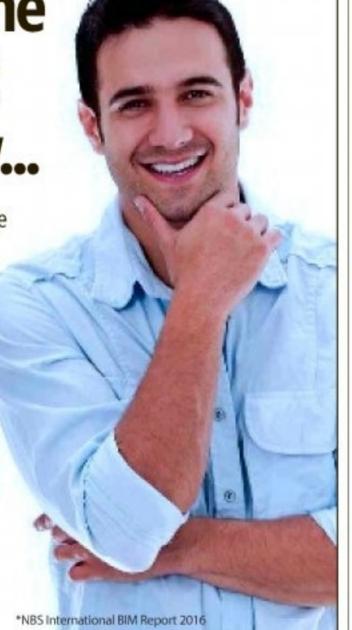
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A past float in the Apple Blossom Festival. TC MEDIA

NOVA SCOTI

Diversity, beauty go hand in hand

A Nova Scotia festival that has crowned a queen for more than 80 years is opening up the competition to people of all genders and gender identities.

The Annapolis Valley Apple Blossom Festival has removed long-standing restrictions and will now accept all male and female candidates as long as they have graduated from high school or an equivalent program and are between 18 and 23 years old.

Alxys Chamberlain, the festival's vice-president, said Monday that includes transgender candidates.

"To my knowledge, we have not (previously) had a candidate who identifies as transgender," Chamberlain said.

Organizers say they are reach-

ing out to a wider group of people and wanted to make the event more inclusive by removing barriers that once prevented women with children or who had been married from participating. Candidates also had to be single during their reign and could not be pregnant.

"These changes will be beneficial in promoting inclusion within the entire Annapolis Valley," Chamberlain said in a statement. "This will allow new leaders to come forward and be ambassadors for their communities."

Chamberlain said the new rules mean the winner of the leadership competition would be dubbed Queen Annapolisa or just Annapolisa, if both men and women compete. She says if all of the candidates identify as male, the awarded title would be King Annapolisa.

Chamberlain said people in the area have largely welcomed the changes, some of which the board made previously, before this year's candidate's agreement was released.

"The response from the public has been overwhelmingly positive," she said, adding that the mandate is to "promote young Valley leaders and to help prepare candidates for the business world."

The contest, which begins May 24, first started in 1933 and judged candidates on their "personality, intelligence, clarity, maturity, poise, and overall demonstrated representative behaviour," according to the website. metr@NEWS World Tuesday, January 24, 2017 11

three wiggling, white sheepdog puppies out Monday from under tons of snow and rubble at an avalanche-struck hotel, lifting spirits even as the search for 22 people still missing dragged on five days after the disaster.

One more body was located, raising the death toll to seven, and the first survivors of the avalanche were released from the hospital. Questions intensified, however, into whether Italian authorities underestimated the risks facing the snowbound resort in the hours before the deadly avalanche.

Five days after up to 60,000 tons of snow, rocks and uprooted trees plowed into the Hotel Rigopiano in central Italy, rescue crews were still digging by hand or with shovels and chainsaws in hopes of finding more survivors. An excavator reached the site, northeast of Rome, to speed up the search.

The discovery of the three Abruzzo sheepdog puppies in the boiler room raised spirits, even as rescuers located a seventh body.

Jubilant emergency crews carried the pups out in their arms, with one firefighter burying his face in the fluffy white fur to give the dog a kiss. The puppies were born last month to the hotel's resident sheepdogs, Nuvola and Lupo, and were prominently featured on the hotel's Facebook page. Their parents had found their own way out after the Wednesday afternoon avalanche.

Firefighter spokesman Luca Cari, however, stressed that the puppies were found in an isolated part of the hotel and didn't necessarily signal any new hope for finding human survivors. THE ASSOCIATED PRESS



Hundreds dead at camp bombed by air force

The death toll from the

bombing of a refugee camp by Nigeria's air force has climbed to 236, a local official said Monday - a sharp increase from earlier counts. A total of 234 victims were buried in Rann, where the camp is located, while two others died after being evacuated to Maiduguri for medical care, said Babagana Malarima, chairman of the Kala Balge local government council of northeast Borno state. On Jan. 17, Nigeria's air force bombed the camp housing Boko Haram refugees near the Cameroonian border. THE ASSOCIATED PRESS

Questions linger after avalanche Italian emergency crews pulled three wiggling, white sheepdog

TRANS-PACIFIC PARTNERSHIP

U.S. pulled out of 12-country Pacific Rim deal

Setting itself apart from a never-say-die Japan, Canada resigned itself to the death of the Trans-Pacific Partnership on Monday after President Donald Trump made good on his promise to pull the United States out of the trade pact.

Trump called getting out of the TPP "a great thing for the American workers" as he signed an executive order formally removing the U.S. from the controversial 12-country Pacific Rim deal.

There was no immediate comment from Prime Minister Justin Trudeau or Foreign Affairs Minister Chrystia

Freeland, who are in Calgary for a two-day cabinet retreat where how best to deal with the Trump team is the main preoccupation.

Canada had been taking a wait-and-see approach to the TPP, with the Liberal government launching a sweeping consultation that appeared was room to salvage the deal : by changing Trump's mind.

"A TPP without the U.S. would be incredibly difficult, : but we do have a window until 2018, when the treaty needs to be ratified," Yoshihide Suga, a top adviser to Japanese Prime Minister Shinzo Abe, told

A TPP without the U.S. would be incredibly difficult. Yoshihide Suga

designed to postpone a decision until the U.S. resolved the question of whether or not to take part.

Asked whether the government believes the deal can be salvaged, Freeland spokesman Alex Lawrence would only say: "The agreement cannot enter into force without the United

Japan, however, continued

American broadcaster CNBC.

"We believe we still have an opportunity to convince the U.S. about the importance of free trade."

Abe has personally met Trump to push the merits of the deal. Japan has also urged fellow TPP countries, including Canada, to push Trump to reconsider.

THE CANADIAN PRESS

to cling to the hope that there was room to salvage the deal NAFTA's fate unclear

Prime Minister Justin Trudeau will meet the new U.S. president within the next several weeks, as the incoming American administration talks to its northern and southern neighbours about a revised North American Free Trade Agreement.

A spokesman for Donald Trump confirmed the upcoming discussions as he held his first daily White House briefing Monday and took questions on trade, counterterrorism and a dispute over him making misleading state-

The first NAFTA talks could take place in the U.S., Sean Spicer suggested. He appeared to indicate the leaders would visit Trump. However, in

Canada, several officials said specifics of a meeting had yet to be nailed down.

Spicer said the meetings would happen soon: "Over the next 30 days or so."

The Canadian government heard a reassuring message in Calgary. A presidential adviser attended a federal cabinet retreat to say Canada need not be "enormously worried" about trade. Stephen Schwarzman, who leads the president's Strategic and Policy Forum, said the new administration had an "unusually positive" view of Canada.

"There may be some modifications, but basically things should go well for Canada," said Schwarzman.

THE CANADIAN PRESS



TRUMP ADMINISTRATION DIGEST DAY 4

Trump moves to pull plug on federal hiring. international abortion funds

President Donald Trump signed memorandums freezing most federal government hiring though he noted an exception for the military and reinstating a ban on providing federal money to international groups that perform abortions or provide information on the option. The regulation, known as the "Mexico City Policy," has been a political volleyball,

instituted by Republican administrations and rescinded by Democratic ones since 1984.

Senate debates CIA pick

The Senate on Monday debated whether to confirm Trump's pick to run the CIA, as Democrats raised questions about whether he is transparent in his beliefs about Russia's meddling in the U.S. election and how he feels about torture.

Senate Republicans had hoped to vote on Rep. Mike Pompeo's nomination Friday,

after Trump's inauguration. But Democrats succeeded in stalling action until they could debate. Sens. Ron Wyden of Oregon, Richard Blumenthal of Connecticut and Patrick Leahy of Vermont objected to what they said was a "rushed confirmation" and demanded more time.

'SNL' writer suspended for tweet about Barron Trump

"Saturday Night Live" writer has been suspended indefinitely after tweeting a poorly received joke

about Trump's 10-year-old youngest son, Barron.

A source not authorized to speak publicly said that Katie Rich was suspended after writing an offensive tweet about the child. An outcry on social media followed, with many calling for a boycott of the show.

'Net neutrality' foe Ajit Pai is new FCC head

Trump has picked a fierce critic of the Obama-era "net neutrality" rules to be chief regulator of the nation's airwaves and

internet connections.

U.S. President Donald Trump gestures in the Oval Office on

Monday at the White House.

AFP/GETTY-IMAG

In a statement Monday, Ajit Pai said he was grateful to the president for choosing him as the next chairman of the Federal Communications Commission. Several reports last week had said he was the pick.

Pai had been one of the two Republican commissioners on a five-member panel that regulates the country's communications infrastructure.

THE ASSOCIATED PRESS



SHUTTLE SERVICE PARIS TESTS DRIVERLESS BUSES Officials in Paris are experimenting with a self-driving shuttle linking two train stations in the French capital. Two electric-power EZ10 minibuses were put into service Monday and will be tested until early April between the Lyon and Austerlitz stations. The GPS-guided vehicles, which can carry up to six seated passengers, are free and will be running seven days a week. PHOTO AFP/GETTY IMAGES; TEXT THE ASSOCIATED PRESS

Oil pipeline breach leaks 200,000 litres

Cleanup effort recovers about 170,000 litres

About 200,000 litres of crude oil has been spilled onto agricultural land in southeastern Saskatchewan after a pipeline leak.

The spill was detected Friday at a site 10 kilometres north of Stoughton in a low-lying area with a frozen slough.

Doug MacKnight, assistant deputy minister of Economy, says about 170,000 litres have been recovered so far.

"They'll be removing cover, vacuuming up the oil and then eventually excavating the contaminated soils and taking them away for disposal," MacKnight said late Monday afternoon.

MacKnight says the oil is not entering any creeks or streams.

"Right now, that's the evidence on the ground, yes indeed. But, you know, until all the work's done we won't know a 100 per cent, but right now it

looks like it's been contained to the low area where the oil was discovered," he said.

MacKnight says the government was notified about the spill on Friday, but details were only made public Monday when the volume of the spill became

The land is part of the Ocean Man First Nation.

The Economy Ministry's petroleum and natural gas division will oversee cleanup and pipeline repairs. MacKnight says the province has sent a pipeline engineer to the site, but it will take some time to determine the cause of the spill.

"The excavation, they expect to start on Wednesday to find the damaged pipe," he said.

Tundra Energy Marketing is handling the cleanup, but MacKnight says there are several pipelines in the area and could not confirm that Tundra owns the pipeline that leaked.

"If it turns out it's somebody else's pipe, we'll deal with it at that time," said MacKnight. THE CANADIAN PRESS

HUSKY ENERGY

Last July, a leak in a Husky Energy pipeline near Maidstone, Sask., jeopardized the drinking water of thousands of people.

About 225,000 litres of oil was spilled and about 40 per cent made it into the North Saskatchewan River.

The cities of North Battleford, Prince Albert and Melfort were forced to shut their intakes from the river and find other water sources for almost two months.

Husky's report into the spill said shifting ground was to blame for the pipeline burst.

The company said it recovered about 210,000 litres of oil spilled before it wrapped up shoreline cleanup efforts in October.

HOUSING

Vancouver: world's third least affordable city, survey finds

An annual international survey rates Vancouver as the third least affordable housing market on the planet and it also has a warning about Toronto housing.

The 2017 Demographia International Housing Affordability Survey gives Vancouver a rating of 11.8, meaning median home prices are 11.8 times higher than median household income. Only Hong Kong, with a rating of 18.1, and Sydney, Australia, at 12.2, outstrip Vancouver.

Demographia says housing markets are affordable when median prices are no more than three times higher than median household income.

The 2017 survey ranks 406

markets in nine nations and puts Toronto at 28th on the list with a ranking of 7.7.

Demographia says Toronto posted a year-on-year homeprice increase equal to a year of household income and it says soaring house prices will undermine the city's recent best-city rating from The Economist Intelligence Unit.

Other cities on the top 10 list include Auckland, where prices are 10 times above median income, followed by San Jose, Calif., Melbourne, Honolulu, Los Angeles, San Francisco and the southwestern England region of Bournemouth and Dorset. THE CANADIAN PRESS

TOP 10 most unaffordable cities

1. Hong Kong, 18.1

2. Sydney, Aust., 12.2 3. Vancouver, 11.8

4. Auckland, N.Z., 10.0

5. San Jose, Calif. 9.6

6. Melbourne, Aust. 9.5 7. Honolulu, Hawaii 9.4

8. Los Angeles, 9.3

9. San Francisco, 9.2 10. Bournemouth & Dorset, U.K., 8.9

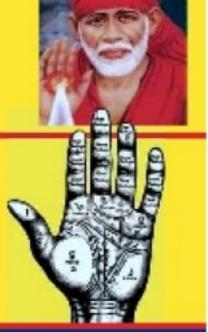
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METHINS

Your essential daily news

Tuesday, January 24, 2017

ROSEMARY WESTWOOD ON MARCHES TO COME



Whatever took you to the streets last weekend must propel you elsewhere. The resistance takes perseverance.

I'll speak for myself, but I doubt I'm alone: Saturday was euphoric. The sheer numbers of marchers, the global solidarity, the creativity, the humour, the anger, the joy.

The rebellion.

I couldn't comprehend the swell of emotion, even as I felt it. I watched the faces pass me by — thousands of faces — and wondered who they were, and where they came from. I loved them all, these strangers in solidarity, who "put their bodies where their beliefs are," to quote Gloria Steinem in Washington.

"The next 1,459 days of the Trump administration will be 1,459 days of resistance," noted the feminist and civil rights activist Angela Davis, to the same crowd.

It cannot, the message was repeated, be only one instance of action. Whatever took you to the streets on a winter morning must propel you elsewhere, in days to come. The resistance, as it has been dubbed, takes perseverance. Even in Canada.

It would be arrogant to think that the forces that brought Donald Trump to power will skip the 49th parallel. They're already here. They're evident in Kellie Leitch and Kevin O'Leary, both vocal supporters of Trump's tactics and campaign. They're evident in The Rebel — Ezra Levant's project — which seeks to be the next Breitbart, one more hub to advance white nationalist views. Reproductive rights, one

If you do not want this fire to end, don't let it.



Young girls lead hundreds of people at the Women's Memorial March in Vancouver in February 2015. The march, held annually to honour missing and murdered women, is an example of protest actions that newly energized women's march veterans could consider supporting. THE CANADIAN PRESS

of the loudest cries from protests around the world, are not done and dusted in the True North. There are communities where abortions are still hard to procure, especially remote communities. There are provinces that still enforce far more red tape costing women time and money — than needed. Now that the abortion pill - Mifegymiso — is finally available, decades after it should have been, women in Canada will still face cumbersome requirements that could make it harder and costlier to get.

The fight to end violence against women remains crucial, here, as everywhere, for women facing abuse from partners, for women facing sexual violence, for women of colour, immigrant women, and Indigenous women.

The fight to bring racial equality to Canada remains, in the Black Lives Matter movement, in Indigenous rights on and off reserve.

The fight against climate change continues to be urgent. As does the need to support women with disabilities, who also face high rates of sexual violence and many other challenges.

If you're wondering where I got all these talking points from, then perhaps you didn't spend enough time on the Women's March website. It was all there. Before the march, organizers released what was hailed as the most inclusive and progressive agenda many had seen. And in its recognizing that women's rights are entangled with all fights for equality, it almost epitomized intersectional feminism.

The march also declared hundreds of supporting organizations, which represent a plethora of issues. You could — and should — support any one of them, or research organizations in your own city which hold your same views, and put your time, money and body again where your beliefs are.

There is also the no small matter of your elected officials — your city council and mayor, your provincial representation, your member of parliament — who are required to listen to the issues you care about, and who may respond to the pressure.

Perhaps march organizers could have done more to point the thronging crowds in the direction of future efforts, though some tried. In Toronto, people passed out pamphlets on the fight for a \$15 minimum wage. In Victoria, organizers urged people to attend an upcoming Stolen Sisters Memorial March for missing and murdered indigenous women and girls.

At the Washington march, activist and actress America Ferrera told the crowd to text "women" to 40649 to be signed up for information on activism to come. Today, the Women's March released 10 actions in 100 days — an agenda for activism to come.

Every person who made the decision to march has my gratitude. But it is also up to each of us to decide what is next.

So if you do not want this fire to end, don't let it.

Rosemary Westwood is a former Metro national columnist. She lives in

New Orleans.

Movement-hobbling moment caught on tape

URBAN PARADIS Danielle Paradis

Dion Bews went to a rally against misogyny and allegedly assaulted a woman — and we need to talk about that.

On Saturday around 2,000 people were at the Alberta legislature, inspired by the women's march in Washington. The group was pushing misogyny, sexual assault and for reproductive rights, and it should go without saying that violence against women at such an event is wrong.

That's what makes Bews's apparent actions so troubling.

Bews, a local guitar maker, was caught on tape striking a camera operated by Rebel Media contributor Sheila Gunn Reid.

Gunn Reid did not respond to my requests for an interview.

Her video of the incident shows a visibly agitated Bews raising a middle finger to her camera and eventually striking her camera lens. Gunn Reid alleges that the camera struck her.

Edmonton police are investigating.

Bews wasn't available for comment. I can't say why he didn't just walk away. But I wish he had.

A few short moments of ego put the work of everyone else in jeopardy. The behaviour on the tape isn't OK. You'd think a participant at a women's march would know why.

When the cause is women's rights, that means you respect all women at the rally, whatever their reasons for attending, whatever their demeanour. If that's too diffi-



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that causes trouble at progressive events. In the hundreds of Occupy camps, incidents of violence and sexual assault against women were well

cult, maybe you don't belong

The sad irony is that it's

often violence against women

reported. Such reports were part of the New York City's justification for shutting down the camp in Zuccotti Park.

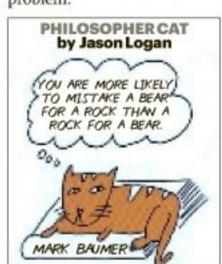
As we have seen from Idle No More protests to the Carbon Tax rally, it only takes a few bad apples to spoil the bunch.

The Bews tape also gives people licence to disregard the point of the rally. Malcontents on Twitter have already done so. Conservative writer Leigh Patrick Sullivan tweeted, "I could never participate in #womensmarch simply because I don't associate with men who hit women."

I was at the rally. The attendees were overwhelmingly peaceful. Event organizers went out of their way to promote a positive and welcoming environment. One of the speakers, Reakash Walters spoke of the need to build a coalition, to speak to others who have differing views.

In the age of call-out culture and agent provocateurs, people attending a rally need to understand that they become a representative for their cause. Rallies and counter-protests are places where passions run high.

The problems of sexism plague both sides of the political aisle. The last six months have been rife with aggression towards women journalists and politicians. As the old saying goes — be a part of the solution, not a part of the problem.



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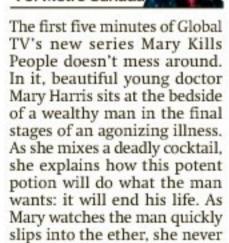
Canadian Alessia Cara will make her Saturday Night Live debut on Feb. 4

She's an elegant mercy killer

INTERVIEW

Much like her new character, actress has two sides to her

Chris Alexander For Metro Canada



leaves his side. But then something goes wrong.

We won't tell you what happens next, but the entire scene encapsulates the emotional and visceral complexity of the six-episode series (which premieres on Global in Canada on Wednesday and on Lifetime in the U.S. on April 23) and gives us a fully realized peek into the plight of its protagonist, deftly played by Quebec-born actress Caroline Dhavernas. Dhavernas is the heart and soul of a show that, using dark humor and wrenching drama, taps into a very real, controversial social issue, that of assisted suicide.

"I think what drew me most to Mary Kills People is that way that (series creator) Tara Arm-



Caroline Dhavernas sees her lead character in Global TV's new series Mary Kills People as 'a bit of a pioneer'. CONTRIBUTED

strong has handled such an important subject," Dhavernas tells Metro.

"There's lots of grey zones here. As there should be. And Mary is a woman filled with contradictions. As the show progresses, you will find out that she's not just doing this to help people, she's also doing this for personal reasons."

While Mary is mostly right-

eous in her mission, she's in essence a criminal. Though medically assisted dying has been legal in Canada since June 2016, Mary Kills People takes place in a world where it's not, meaning Mary is forced to live a double life as an ER doctor and single mother of a teenage daughter, while being trailed by police like the serial killer that legally, she is.

"These moments where Mary is taking human life are so intimate and meaningful for her," Dhavernas insists.

"And the fact that there is the illegal aspect to her work is also probably equally meaningful for her. But she's not a sociopath. She's doing this out of empathy and I see her as a bit of a pioneer, evolving in a world where she cannot progress in

a controlled environment. She has to get away with it. Morally, it's a very intriguing character. And not all of the characters she encounters on her journey agree with her."

It's a joy to see Dhavernas take on such a rich character and be center stage in a series of this calibre. The prolific actress is perhaps best known for her work with noted TV writer

and showrunner Bryan Fuller in hit shows like Wonderfalls and Hannibal, but before she became a celebrity in the English-speaking world, she was first a star in French Canada, appearing in Quebecois film and television since childhood. She continues to do so.



She's not a sociopath, she's doing this out of empathy.

Caroline Dhavernas

"It's funny, because I have this duality," says the actress.

"There are those two solitudes, it's true. I have been working in Quebec as an actor since I was eight years old, so when I moved to New York when I was 21, it was strange — no one knew who I was! So I had to start again. But the beauty of it was that I had all this experience as an actor under my belt."

And though the first season of Mary Kills People consists of just six episodes, we'd certainly like to see more of Dhavernas' elegant mercy killer on screen. So would she.

"There are talks to do a second season and I hope there is. The writers already have some great ideas. I guess we just have to see how well this first round does."

Mary Kills People airs Wednesday, Jan. 25 at 9 p.m. on Global Tele-

JOHANNA SCHNELLER WHAT I'M WATCHING

Praying for some holy logic

THE SHOW: The Young Pope, Season 1, Episode 2 (HBO) THE MOMENT: The marketing meeting

Pope Pius XIII (Jude Law) is having the first meeting of his new papacy - with the Vatican's marketing expert, Sofia (Cecile de France).

She tells him that a sizeable slice of the Vatican budget relies on merchandise bearing the Pope's image. He holds up a plain white plate.

This is the sort of merchandise I'm prepared to authorize," Pius says. He tells her there will be no images of him, not even photographs.

She tells him he's committing media suicide. He counters that the most important cultural figures are enigmas: Salinger, Kubrick, Banksy.

Sofia says he's not an artist, but a head of state. "Yes," he replies. "And in order to survive. its leader has to make himself as unreachable as a rock star."

She nods, intrigued. "The Vatican survives on hyperbole," he says. "So we will generate hyperbole in reverse."

I've seen three episodes of this series, and I still don't get it. On the one hand, it depicts Pius as modern and irreverent, the wily boss of a large corporation. On the other, he's full of fire and brimstone about God. I'm fine if a main character is unpredictable, but there has to be a logic, an inevitability to what he does.

Series creator Paolo Sorrentino is in thrall to images. Nuns playing slo-mo soccer, the Pope's red shoes. He wants images of the Pope shocking people. He wants images of the Pope praying fiercely. He doesn't care if so far, he doesn't have a through line there.

But so far, I do.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Jude Law's Young Pope is depicted as a wily corporate boss but also full of religious fire and brimstone. CONTRIBUTED

Working hard on a cure for shyness

ADVICE

If your nerves keep you from finding love, it's time to talk

Sofi Papamarko Torstar News Service

Putting yourself out there romantically can be all kinds of scary. The simple act of asking somebody on a date can prompt sweaty palms, an elevated heart rate and other symptoms related to anxiety. Love is fight. Love is flight.

As a wise man once said, "shyness is nice, but shyness can stop you from doing all the things in life you'd like to."

It takes courage and some measure of self-confidence to ask somebody out. But what if you have neither? Then you might just be love-shy.

The Forty Year-Old Virgin is a movie concept that supposedly borders on the absurd, but it's astonishing how many matchmaking clients I meet in their 30s, 40s and beyond who have never dated. It's not because there's anything wrong with them; in fact, they happen to be particularly introspective,

intelligent and sensitive people. It's just that they're too afraid of rejection to express romantic interest in anyone - ever.

"Shyness has always been an issue for me," a recent matchmaking client explained. "If there's an attractive woman, I can only steal glances. I have never had the courage to ask anyone out. At work, it feels too risky to ask single co-workers on a date in case it doesn't end well."

If an overwhelming fear of romantic rejection sounds silly to you, consider your own fears and how unreasonable they may seem to others. Spiders? Heights? Clowns? Fear is fear; sometimes those fears can be as debilitating as they are unfounded.

"The fear of rejection can stop us from taking risks and the problem is exacerbated if we are extremely attracted to the other person," says Christopher Gray, author of From Shy to Social: The Shy Man's Guide to Personal and Dating Success and a formerly love-shy person.

"Attraction raises the stakes. In reality, it's not the end of the world when we are rejected. In fact, rejection is a normal part of life. You may not realize it at the time, but rejection has the potential benefit of forcing us to improve ourselves, for a greater chance of success in the future."

Talking through your anxieties with a therapist and/or doing CBT (Cognitive Behavioural Therapy) can help. But you can also tackle this by taking a lot of smaller steps, which is how Gray eventually overcame his own love-shyness.

"The first step was recognizing that it was a personal problem, not a problem with society not giving shy guys a chance," he says. "I took several courses designed to get me out and interacting with people, including acting and improv."

Over time, Gray gained the confidence required to initiate friendly conversations. Once that got easier, he began asking women out. "I experienced plenty of rejection along the way, but over time my success rate got better, leading to a normal dating life and eventually to a very rewarding relationship."

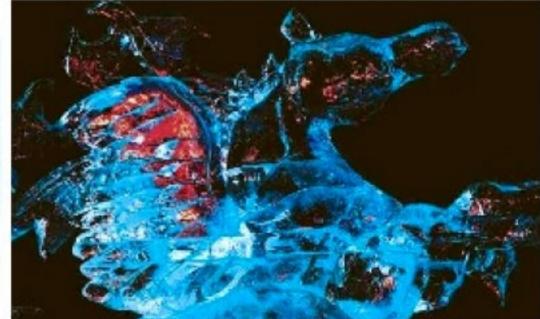
Being love-shy is a challenge that can be overcome with determination and support. If you live with love-shyness, know that you're not doomed to repeat the same lonely narrative for the rest of your life. Remember that you're worthwhile and worthy of love. It's time to get out of your own way.

Sofi Papamarko is a writer and matchmaker who lives in Toronto.



Attraction may raise the stakes, but according to one expert, it's not the end of the world when we are rejected, as long as we learn lessons to take forward. ISTOCK





Every minute counts in drive to ease Alzheimer's epidemic

A daughter cares for her mother diagnosed with a genetic form of early-onset Alzheimer's in Every Minute Counts. AP

In 2004, PBS aired a film about Alzheimer's disease. The grim takeaway:

It's incurable and deadly.

DOCUMENTARY

· With the aging of the U.S. population the number of cases is skyrocketing accordingly.

· The cost of this coming epidemic is destined to be financially ruinous, not only on an individual basis, but also as a public-health crisis.

That was then, in 2004. But the situation has grown only more dire, says an important new documentary, Alzheimer's: Every Minute Counts, which airs Wednesday at 10 p.m. EST on PBS.

According to this program, there are now more than 5 million Americans with Alzheimer's disease, with the number projected to soar by 55 per cent by 2030, while future costs associated with it threaten to bankrupt Medicare, Medicaid and the life savings of millions of Americans.

Alzheimer's: Every Minute Counts was produced and directed by Elizabeth Arledge, who a dozen years ago produced

the Emmy-winning The Forgetting: A Portrait of Alzheimer's.

That report mainly focused on the human tragedy of a degenerative brain disease that sentences each victim to a progressive loss of memory and sense of self and, over time, an inability even to swallow and breathe.

For her new documentary, Arledge has taken a different tack.

"This is not another examination of the heartache," she explained recently. "Instead, it's more about how this personal

tragedy is now going to become a tragedy for the whole country if nothing changes in the trajectory of the disease. We look at the epidemic as a main character in the film."

All in all, Every Minute Counts is an alarming hour. But it isn't without hope.

"There are a lot of promising things in development," says Arledge. "With enough support to bring them across the finish line, they could make a difference in the next five or 10 years. THE ASSOCIATED PRESS



"If you know someone it doesn't mean you agree with everything they say or they do": Tom Brady spoke to Boston radio about friend Donald Trump

Raonic's dream within reach Burris, 41,

AUSTRALIAN OPEN

With top 2 seeds out Canuck has great chance to win a major

Not every tennis player quotes from Goethe on Twitter, keeps a journal and visits art exhibitions during tournaments.

Milos Raonic, though, has taken a slightly different path in life. He grew up playing tennis in snowy Canada, not sunny Florida. And his parents, immigrants from Montenegro, knew nothing about tennis. On long drives to tournaments, his father would quiz him with math problems, not break down his forehand.

The Canadian has many passions in life, but make no mistake, he's still very focused on his career goal — winning a Grand Slam. And with Andy Murray and Novak Djokovic now out of the draw at the Australian Open, the third-ranked Raonic is suddenly the highest seed remaining.

Is this his best opportunity to finally break through and win a major trophy?

"It sort of crosses your mind," he said after his 7-6 (6), 3-6, 6-4, 6-1 win over Roberto Bautista Agut in the fourth round on Monday.

"But it's very insignificant because there's a lot for me to even get past. I have some very difficult tasks ahead of me," said Raonic, who reached the Wimbledon final and the semifinals at Melbourne Park last



Milos Raonic mingles with fans after win over Roberto Bautista Agut of Spain on Monday in Melbourne, Australia, cuive Brunskill/GETTY IMAGES

year. "I'm pretty intent on staying in that moment, in that sort of challenge one at a time."

Indeed, Raonic has a significant obstacle in front of him next, 14-time major winner Rafael Nadal, who defeated Gael Monfils in the fourth round.

After ending his season early last year because of a wrist injury, a rejuvenated Nadal has

been playing inspired tennis in Melbourne. He also has a 6-2 record against Raonic, though the Canadian won their most recent match at the season-opening Brisbane International event.

The other concern for Raonic has been his health — he came down with a cold earlier in the tournament and was bed-ridden for a day. His timing seemed

slightly off against Bautista Agut when he racked up 55 unforced errors and even uncharacteristically hurled his racket to the court midway through the

But Raonic said he's on the mend and playing with new focus under his recently hired coach, Richard Krajicek.

Krajicek's addition at the start

I have some very difficult tasks ahead of me.

Raonic on his chances of winning the Aussie Open. He faces Rafa Nadal next.

of the season was just the latest tweak by Raonic aimed at perfecting his game. In the past few years, Raonic has been coached by Riccardo Piatti and former pros Ivan Ljubicic and Carlos Moya, and during Wimbledon, he hired John McEnroe as an adviser on a temporary basis.

Then, at the start of this year, he parted ways with Moya (who has since joined Nadal's team) and brought on Krajicek. The reason: to help him solve the riddle of the only two players ahead of him in the rankings Murray and Djokovic. He has a combined 3-17 record against the two.

"I don't think I'm ever going to be the best guy from the baseline by any means, especially not against them," he said before the Australian Open. "If I'm going to take it to them, it's by coming forward. So I wanted to improve in that aspect."

Raonic has been effective at net thus far in Melbourne; he tried serve-and-volleying against Gilles Simon in the third round, winning 20 of 32 approaches. Now, he'll see if he can keep moving forward against Nadal and take another step toward the trophy. THE ASSOCIATED PRESS

set to call it a career

Veteran CFL quarterback Henry Burris will announce his retirement on Tuesday, ending his career on top after leading the Ottawa Redblacks to a Grey Cup title last season.

The Redblacks have called a news conference for Tuesday and a source confirmed that Burris would be announcing he's decided to call it quits.

The 41-year-old guided the Redblacks to a dramatic 39-33 overtime win over the favoured Calgary Stampeders in the CFL championship game - despite suffering a knee injury in the warm-up — throwing for 461 yards and three TDs while rushing for two more en route to being named the game's MVP.

Burris will finish his CFL career with three Grey Cups (1998 and 2008 with Calgary were the others) and two outstanding player awards (2010, 2015). He's

third in all-time passing yards (63, 227)and TDs (374).

H also spent

Number of Grey Cups Henry Burrishas won

in his career. time in

the NFL with Chicago and Green Bay (2001-2002) and is the seventh-leading passer in professional football history with 64,023 yards. Despite Burris's Grey Cup heroics, the Redblacks had planned to enter 2017 with Trevor Harris as their starter, a move that reportedly contributed to Burris's decision

Burris's departure will leave Toronto's Ricky Ray as the CFL's leading active all-time passer with 54,883 yards. But Ray, 37, is also pondering his future this off-season. THE CANADIAN PRESS



Henry Burris GETTY IMAGES

Royals pitcher Ventura honoured in his homeland

IN BRIEF

Dozens of children wearing blue T-shirts with the name "Ventura" on the back gathered at a coastal home to pay respects to their idol: Yordano Ventura. Las Terrenas, Dominican Republic has declared two days of mourning.

The Royals pitcher died Sunday in a car crash in his homeland, where he was known for practising with his former youth baseball team every time he visited home. THE ASSOCIATED PRESS

AFRICA CUP OF NATIONS

Algeria bows out as Tunisia progress

Algeria was eliminated from the Africa Cup of Nations in a goal rush in the final games in Group B on Monday. The one-time title contender drew 2-2 with Senegal and saw Tunisia go through to the quarter-finals in its place by beating Zimbabwe 4-2.

Ten goals flew in at the culmination of the group in Gabon but Algeria's fate was effectively sealed quickly when North African rival Tunisia went 2-0 up very early over the Zimbabweans with strikes from Niam

Sliti and Youssef Msakni. Algeria needed Tunisia to lose in Libreville, Gabon, to have a chance of progressing to the quarters. Senegal had already qualified for the quarter-finals.

In Franceville, Algeria twice led Senegal but Senegal twice equalized, leaving Algeria to exit the tournament without a win.

Two of the four quarter-final lineups have been decided: Tunisia will play Burkina Faso, and Senegal will play Cameroon. THE ASSOCIATED PRESS

Smith extends his

stay with Senators The Ottawa Senators have

signed forward Zack Smith to a four-year contract extension worth US\$13 million. The Senators said in a release

that the extension through the 2020-21 season carries an annual average value of \$3.25 million per year. Smith, 28, has 11 goals and

11 assists in 43 games this season and is averaging a careerhigh 16 minutes 13 seconds per game.

The native of Maple Creek,



Zack Smith **GETTY IMAGES**

with 25 goals and 36 points in 2015-16. He has 75 goals and 61 assists In 443 NHL games, all with the Senators.

Sask., set ca-

reer highs

Smith was Ottawa's third-round pick (79th overall) in the 2008 NHL Draft. THE CANADIAN PRESS

This is what you

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This is what you

Hoping for better in Houston

Wild-card weekend was everything except wild

There's this football game planned for Feb. 5 in Houston. Let's hope it turns out much better than most of the postseason matchups the NFL has provided this year.

To say Sunday's championship games were duds is being kind. Blame the two losing teams, the Packers and Steelers, who were so helpless that they looked like they should have been done playing last month. All credit to the Patriots and Falcons, of course, who could give fans an all-time great shootout in two weeks.

But don't count on it considering how eight of the 10 playoff contests were, well, no contest.

Wild-card weekend was everything except wild. Routs galore.

Inept performances by the undermanned Raiders and Dol-



Chris Hogan set a franchise playoff record with nine receptions for 180 yards in the Patriots' 36-17 rout over the Steelers in Sunday's AFC championship game. MADDIE MEYER/GETTY IMAGES

phins, inconsistent Giants, and they-don't-belong-there Lions.

It didn't improve any with the mismatches on the first day of the divisional round: Houston had no business being on the same field as New England, and only the Patriots' sloppiness kept that game relatively close for a while. Atlanta passed Seattle dizzy and cruised.

The respite from such lopsided and at times barely watchable matches came the next day with a classic Packers-Cowboys game. It was worth waiting for from beginning to end - the kind of product that entrances everyone - and was followed by a tight Steelers-Chiefs game that seemed to bode well for the conference finals.

Then, deflation.

Sure, it was sweet for the folks in Georgia and New England, and they deserve to cele-

The Patriots (16-2) are seeking even more history, including Tom Brady going for a record fifth Super Bowl crown by a quarterback. The

Falcons (13-5) are an exciting offensive machine with an improving defence and a coach likely to what you train for. entertain in Dan Quinn.

get hurt for. Oddsmakers expect a close Julian Edelman one, too, making

the Patriots merely a 3-point favourite.

"It's an honour to get to go and play in this game," Patriots receiver Julian Edelman said Sunday night.

"This is what you fight for. This is what you train for. This is what you get hurt for. This is what you get yelled at for, and prepare for, and go through the ebbs and flows of a season."

Unfortunately, the NFL this month has seen far too many ebbs. The conference championships punctuated that, which was surprising because the Steelers and, in particular, the Packers had performed so well in their previous two

Maybe that was a big part of the letdown Sunday. Green Bay

> and Pittsburgh made so many mistakes almost from the outset that they never gave themselves a chance to reach Houston. Perhaps they simply ran out of steam, while their opponents had a

wild-card bye that kept them fresher.

Seemingly much fresher.

"If this has taught us anything, it's how important home-field advantage is," Aaron Rodgers said. "Being able to sleep in your own bed and practise and not have to travel and have the fan support, it makes a big difference. We've played in three of these now and all on the road. It's tough to win on the road."

THE ASSOCIATED PRESS

IN BRIEF

Nazem Kadri puts in twogoal effort in Flames win

Nazem Kadri scored a pair of goals to match a career-high and Frederik Andersen pitched a 26-save shutout as the Toronto Maple Leafs ended a brief two-game winless streak with a 4-0 win over the Calgary Flames on Monday night. THE CANADIAN PRESS

Giants work to finalize deal with Korean Hwang

A person with knowledge of negotiations says the San Francisco Giants are working to finalize a minor league contract with South Korean infielder Hwang Jae-gyun, who could provide some insurance at third base. THE ASSOCIATED PRESS

Waiters serves up loss to Warriors

Dion Waiters' three-pointer with 0.6 seconds left capped his 33-point effort, and the Miami Heat beat Golden State 105-102 on Monday night to end the Warriors' seven-game winning streak.

The Heat wasted a 10-point lead in the final 4 minutes, and Kevin Durant tied the game on a dunk with 11.7 seconds left. With no timeouts, Waiters walked the ball up the court and drilled what became the game-winner over Klay Thomp-

Stephen Curry missed a three-pointer as time expired for the Warriors.

Goran Dragic scored 19 points for Miami (15-30), which finished a 4-0 homestand. Luke Babbitt added 11, and Hassan



Dion Waiters GETTY IMAGES

Whiteside had 10 points and 15 rebounds.

Durant scored 27, Thompson had 22 and Curry added 21 points, 10 rebounds and eight assists for the Warriors (38-7). THE ASSOCIATED PRESS

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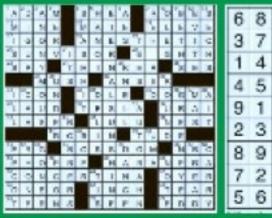
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To place a notice, go to Obits.metronews.ca

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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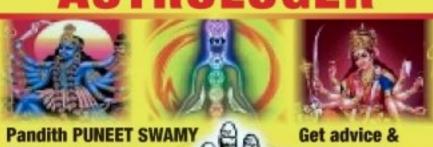
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MAKE IT TONIGHT — — —

Zesty Artichoke and Spinach Roll-Up Lasagna



Ceri Marsh & Laura Keogh For Metro Canada

This updated classic packs a healthy dose of veggies.

Ready in 55 minutes Serves 6

Ingredients

- 1 box (13.25 oz) lasagne sheets, fresh, pre-cooked or cooked
- 2 cups tomato sauce
- 2 cups fresh baby spinach
- 2 cups ricotta cheese 1 cup grated Parmesan
- 1/2 to 1 (6 oz) jar artichoke hearts, drained
- 1 egg
- 1/2 tsp salt
- 1 cup grated Fontina cheese,
- 1 cup grated mozzarella cheese

Directions

- Preheat the oven to 350. Ladle thin layer of sauce on bottom of a 9' x 13' inch baking dish.
- 2. In food processor, add spinach,

ricotta, Parmesan, artichoke, egg and salt and process until creamy.

- Create a rolling station by laying noodles out on a flat surface (lined with parchment) and mix Fontina and mozzarella in a bowl. Take a heaping Tosp ricotta mixture and create a thin layer across the entire lasagna noodle. Sprinkle with Fontina and mozzarella mix.
- Gently roll up noodle from one end to the other. Place roll-up seam side down in the prepared baking dish and repeat until all the lasagna noodles are filled. Pour more tomato sauce over lasagna roll-ups and sprinkle with remaining Fontina and mozzarella mix.
- Loosely cover the baking dish with aluminum foil, and bake for 15 minutes. Remove foil, bake for another 15 minutes. Garnish with parsley if desired.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

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ACROSS 1. Rested, __bit 5. Q. "Do you know _ '_ ' is a Taylor Swift album?" A. "Yes, and it was released in 2012." 10. Dog breed, _-Pei 14. Sound in the famous Alka-Seltzer commercial song 15. "__go on?" 16. Mariah Carey hit 17. The _ (Famous mountains in Europe) Varieties 19. Casino likelihoods 20. Ten Commandments receiver 22. Calgary's famous annual events 24. Scand, land 25. Mr. Sajak 27. Menswear designer 28. House, hip-style 30. Marshy water in Louisiana 32. Emergency 'beds' in hospitals 35. Quite 39. Feudal lord 40. Build up the barracks 41. Christina Aguilera's " in a Bottle" 42. Himalayas legend 43. Super swift dogs 45. Musical group of nine 47. City in Quebec 48. Big desert

64 67 60. Ms. Downey of "Touched by an Angel" 61. Angered 63. _-Raspberry (Ocean Spray flavour) 64. Ed of "Daniel Boone" 65. Consumer advocate Ralph

66. Gent's gender 67. City's green area 68. Surnamesakes of Will who portrayed Grandpa on "The Waltons" 69. Letters to follow Kays

DOWN 1. Markets via unwanted email

- 2. Grant 3. Classified: 2 wds. 4. Basilica area
- 5. Fountain filler 6. Canadian songstress
- day gossip of "Mushaboom" 12. "I Would Die for 7. Broadway musical You" singer Jann

8. Scandinavian tale 9. Lets down 10. Two words to complete Toronto attraction 'The Bata' 11. Ms. Hopper of Hollywood's hey-

13. Actress, Portia de 21. Cattiness 23. Quid Quo link 26. ... D. E. F. G 29. Prairie place, partially puny-ly: 2 wds. 30. Brimless cap 31. Drill Sergeant's force 32. Mr. Stallone, to pals 33. Fasten 34. Competitor in fables 36. Artificial 37. "El _" (1961) 38. Fellows 41. Olympic champ's hauls 43. Eating away at 44. "You're such a comedian." 46. Surgeon's work in them, for short 48. Abandon, as junk 49. Fragrance 50. Bart Simpson's dad 51. __, Paul and Mary 53. In the least 54. Trait carriers 56. Latin hymn, with Dies 57. "Smooth Operator" singer 59. Wile E. Coyote supplier 62. Julia's actor brother/ Emma's father ...his initials-sharers

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

51. High deg.

52. "You're it!" game

55. Transversely

58. Lightly fry

Aries March 21 - April 20 It's important to know that your interactions with others will benefit you now. Therefore, be friendly with others. Join classes, groups, clubs and organizations.

Taurus April 21 - May 21 With the Sun at the top of your chart, you'll look good to bosses, VIPs, parents and people in authority (including the police). This means this week is a good time for you to go after what you want.

Gemini May 22 - June 21 Grab every chance to travel, because you need a change of scenery. Of course, by nature, you are curious. You love variety and stimulation.

Cancer June 22 - July 23 Now is the time to focus on redtape items like inheritances, wills, shared property, taxes and insurance issues. Wrap up what you can.

Leo July 24 - Aug. 23 You need more sleep this week. This is also a good time to observe your style of relating to others. Perhaps you can learn something from this.

Virgo Aug. 24 - Sept. 23 Because you have high standards for yourself, you will want to work efficiently so that you can be as productive as possible - go with this urge! Make hay while the sun shines. Libra Sept. 24 - Oct. 23 This whole week is a lovely and playful time for you. Enjoy sports events, social times with friends, playful activities with children and the arts. Romance might blossom, too!

Scorpio Oct. 24 - Nov. 22 Your focus on home, family and your personal life continues at this time. In fact, your interactions with a parent could be significant. Relax and cocoon at home if you can.

✓ Sagittarius Nov. 23 - Dec. 21 Accept the fact that the pace of your day is accelerating with short trips, errands and increased reading and writing. You're busier than a termite in a yoyo.

Capricorn Dec. 22 - Jan. 20 You're never casual about money. And of course, you hate waste. That's why you're giving your cash flow and earnings a lot of thought now.

Aquarius Jan. 21 - Feb. 19 This is a strong time for you, which is why you easily attract the attention of others. Not only do you attract people to you, you also can attract favorable situations.

) Pisces

Feb. 20 - March 20 Work alone or behind the scenes today, because this is a quiet time for you. Research of any kind will go extremely well

CONCEPTIS SUDOKU by Dave Green

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